

Buckden & Little Paxton Surgeries Newsletter

Paxton



January 2014

A belated Happy New Year to all our patients.

Thank you for supporting our Christmas raffle which raised £404 at Buckden and £120 at Little Paxton. Money raised is shared between MAGPAS and our equipment fund.

LITTLE PAXTON

Have all patients noticed the booking-in screen in the lobby? When first installed patients were walking straight past it! Hopefully, everyone is now used to this valuable addition at the Practice. Any comments / feedback to our Practice Manager please.



STAFF COMINGS & GOINGS

There have been many changes in staffing since our last newsletter and some of you will already have met one or two. First the “comings”

Dr Greg Clements: Dr Clements trained in London and worked as a Junior Doctor at Southampton General and The Princess Anne Hospital, Southampton. He moved to this area in August 2011 to start General Practice training and worked at Hinchbrooke Hospital in several specialties. He later worked at Eaton Socon Health Centre for eight months and joined our Practice in August to complete his final year of GP training.

Nurse Practitioner – Carol Clapham joined us at the beginning of November as our new Nurse Practitioner.

Nurse Practitioners' Role [Carol]

The role of Nurse Practitioner is often confusing for patients due to the word 'nurse' in the title. Carol's advanced qualifications means that she is able to diagnose, issue prescriptions and refer to hospital should the need arise, much as a Doctor. She is able to see female patients with gynaecological and contraceptive issues and is a wonderful alternative to our busy part-time lady Doctor, Dr. Leonard. Just like the Doctors within the practice, patients are able to book appointments with our Nurse Practitioner on-line.

Carol has been nursing for over thirty years: twenty+ years in Hertfordshire and the last ten years in Cambridgeshire. Her background has been varied and has included eleven years based in hospital including working on medical wards, Coronary Care and ITU.

The last twenty+ years have been spent working in General Practice and Primary Care as a Nurse Practitioner and a Community Matron. During her career Carol has studied to BSc and MSc level and has undertaken extensive training in family planning, gynaecology, travel health and chronic disease management, diabetes, respiratory and heart disease. She is also a Nurse Prescriber and so can assess, diagnose, manage and treat most conditions including prescribing and referring onto Hospital Consultants as needed. She is running open surgeries at Buckden and Little Paxton in a similar way to the GPs and appointments can be booked over the internet or via reception in the usual way.

Carol lives locally and is married with three daughters who are also working within the NHS. Time is spent with family or walking her two dogs, travelling and socialising.

She previously worked with the Practice in her role as Community Matron and says she enjoyed working with the Practice Team so much she decided she'd like to become a permanent member of staff.

Carol's replacement in the Community is Hayley Hassett.

Practice Nurse: Lynette Heaton-Jacques says:....“I am thrilled to become a member of Buckden & Little Paxton Surgeries and look forward to meeting all patients eventually [not too soon!]. I trained in 1976 [old girl] and have spent time in different areas, i.e. theatres, neurosurgery, Addenbrooke's Spinal, Stoke Mandeville, to name a few. I have just completed eleven months as a Practice Nurse at Eaton Socon Health Centre.

I am divorced [single] with a beautiful twenty-five year old daughter who shares my passion of all things equine with me. We currently have a race horse in training – hasn't won yet!!! but watch this space”...

Dr Sukaina Alimohamed says..... “I am currently a FY2 (foundation year 2) Junior Doctor completing a four month rotation in General Practice here at the Surgery. I qualified in 2012 from the University of Cambridge. Since qualifying from medical school I have experienced a range of fields (mostly hospital based) including, Obstetrics and Gynaecology, Ear, Nose and Throat, General Medicine and General Surgery. It's true to say every new specialty I experience leaves me with a new found passion and so I feel General Practice is the perfect field for me. It encompasses a whole array of patients, medical problems and experiences... and I love that you never know what will come through the door!

I've thoroughly enjoyed my time so far at Buckden and Little Paxton Surgery. Every member of the team has made me feel very

welcome and helped me to find my feet in a new environment, and I look forward to meeting some of you in the near future!

I recently got engaged which is all very exciting and along with entrance examinations and interviews for progressing to the next stage of my training, I am juggling wedding planning at the moment! In my spare time (if I have any!) I enjoy reading and socialising with friends to help me unwind.”.....

And now the “going-going-gones!”

It was with regret that we said goodbye to Sarah Birks who was our Practice Nurse. Sarah sent the following message and asked us to pass it on to patients.

....”**What a wonderful year !!!!!**

After a great deal of thought and deliberation I have decided to accept a position as a Respiratory Specialist Nurse in Cambridge. Looking back over the past year, it has been a wonderful time. I have met so many lovely people - staff and patients. I will remember my time with a 'warm heart' and great fondness and feel proud to have been part of a successful team.

Thank you for all your kindness. I wish you all well.

Regards Sarah, Practice Nurse”.....

We wish Sarah well in her new post.

Dr Emma Hobson: Emma was with us from August to December. She was very much a part of the team at the surgeries and is missed by all. We wish her well in her next placement. Her future plans are to pursue a career in General Practice. Emma wanted to say how much she enjoyed her placement here.

DISPENSARY



A reminder about repeat prescriptions.

REPEAT PRESCRIPTIONS

Please remember when you place a repeat request we need

48hrs

Before you call to collect your prescription

This also applies to medication requests from hospital consultants, etc.

It seems there may have been some confusion over the opening hours of the Dispensary at the Practice: these are as follows:

BUCKDEN SURGERY DISPENSING HOURS		
MONDAY	8.00 a.m.	6.00 p.m.
TUESDAY	8.00 a.m.	6.00 p.m.
WEDNESDAY	8.00 a.m.	6.00 p.m.
THURSDAY	8.00 a.m.	1.00 p.m.
FRIDAY	8.00 a.m.	5.00 p.m.

We very much regret that we are still unable to dispense to patients who live within one mile from the nearest pharmacy in the village, but we are delighted to continue to dispense to those living beyond the one mile barrier imposed on us.

SURGERY REFURBISHMENT: At long last, we have revamped our patient toilets at Buckden surgery. These are fully compliant with the Disabilities Act and look altogether more inviting!

DATA EXTRACTION: You may well have received a leaflet drop by the Government with reference to data extraction. Opt out forms are available in reception.

CQC – Care Quality Commission: Dr Fagnoli and the Dermatology / Vasectomy clinic team have received a full bill of health from their CQC inspection in January 2014. We await the Surgery's inspection.

Patient Survey: This has now closed for 2014. This was an internet-only based survey and we are sorry if you were unable to take part due to this. However, thank you to all who took part. Copies will be available in reception at both surgery sites and the results will be emailed to patients who have shown an interest.

Car Park at Buckden: Concerns were expressed by patients at this time last year about the icy car park at Buckden Surgery. Much thought was given to this but it is ineffective to grit/salt gravel and even less effective to apply grit/salt on top of ice and snow. We are unable to tarmac the car park on what is reclaimed land due to regulations. Please remember, therefore, to take the utmost care when the snow and ice come

Important Dates: We will be closed on the following public holidays:

Good Friday-April 18th,

Easter Monday-April 21st

Monday 5th May & Monday 26th May

We are closed on the following afternoons for essential staff training:

Tuesday 17th June and Wednesday 16th July

Update Your Details:



Have we got your up-to-date mobile phone and email address? Please let us know of any changes so we are able to keep you up-to-date should you wish us to.